



# جامعة 6 أكتوبر مركز ضمان الجودة (نموذج-2/س<u>ذأ)</u> السيرة الذاتية باللغة الانجليزية ACADEMIC STAFF CV

#### 1.Personal Details

Name	Enas Mohsen Rashad Kamar			
<b>Current Position</b>	Assitant lecturer			
Institution	Faculty	physical therapy	Department	women health
Major	women health			
Telephone	Office	01091030151		
E-mail Address	dr.enaskamar@gmail.com			

## 2.Academic Qualification

Degree	<b>Graduation year</b>	Institution	Country	Major
Associate Professor				
PHD				
M.Sc.	2021	cairo university	Egypt	women health
Bachelor with honor	2011	6 of October	Egypt	general
		university		

### 3.Employment

Position	Institution	Date
Assitanat lecturer	6 of October university	2023

## **4.Past Experience & Areas of Expertise**

1	physical therapist at El Mahla El Kobra General Hospital
2	duty manger at New Cairo General Hospital







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### **5.**Academic Activities, Researches & Publications

Number of researches/ Publications	Area
researche	effect of ketogenic diet and exercise on lipid profile on obese postmenopausal women

### **6.**Training Programs

Program Title	Organizing Body	Date
acupuncture for muscoskeltal		
spinal articular manipulation		
nutrtion and obesity management course		
ACL rehabletaion		

### 7. Quality Assurance

1	Quality Assurance for higher Institute, Ain Shams university
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Name	Enas Mohsen Rashad Kamar	Date	20/11/2023