



جامعة 6 أكتوبر مركز ضمان الجودة (نموذج-2/ س.ذ.أ) السيرة الذاتية باللغة الانجليزية <u>ACADEMIC STAFF CV</u>

1.Personal Details

Name	Bassam Ahmed Nabil Abd El-maboud El-Gaara.				
Current Position	Lecturer of Biomechanics and Ergonomics				
Institution	Faculty	physical therapy Department Biomechanics			
Major	physical therapy				
Telephone	Office	Mobil: 01022456006.			
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2.Academic Qualification

Degree	Graduation year	Institution	Country	Major
Associate Professor				
PHD	2017	Cairo University	Egypt	physical therapy
M.Sc.	2010	Cairo University	Egypt	physical therapy
Bachelor with honor	2003	October 6 University	Egypt	physical therapy

3.Employment

Position	Institution	Date
Demonstrator	October 6 University	2004-2009
Assistant lecturer	October 6 University	2009-20017
Lecturer	October 6 University	2017- current

4.Past Experience & Areas of Expertise

1	<i>Demonstrator</i> at Department of Biomechanics , Faculty of Physical Therapy, October 6 University.
2	Assistant lecturer of Biomechanics, Faculty of Physical Therapy, October 6 University.





3	<i>Lecturer</i> of Biomechanics and Ergonomics , Faculty of Physical Therapy, October 6 University
4	Internship in various hospitals in Cairo and Giza practicing different physical therapy training in orthopedic,
	neurological, pediatric cases, in addition to different gynecological and cardiac surgery cases.
5	Working as a chief of hydrotherapy department in October 6 club and Emaadi club
6	Member team with dr Mahmoud hafez in fast track rehabilition in Bilateral Sequential Simultaneous Total
	Knee Arthroplasty

5.Academic Activities, Researches & Publications

Number of researches/ Publications	Area
Ι	Isokinetic Parameters of Shoulder Joint in Tennis Elbow Versus Golfr's Elbow (Biomechanics) 2016
II	The Impact of Tennis and Golfer's Elbow on Shoulder External Rotators and Abductors Peak Torque. (Biomechanics) 2019
II	Correlations among body mass index, body balance and bone mineral density in elderly women (Biomechanics). 2022
IV	Core stability in adolescent swimmers with swimmer's shoulder syndrome (Biomechanics) 2022
1	Treatment and Rehabilition of Diabetes Mellitus Type II
2	Mangment and Rehabilition of Sacro-ilial Joint.
3	Improve Motination in Workstation
4	Balance training in Fast Tracking Rehabilition after similtinus Bilateral Total Hip/ Knee Arthoplasty
5	Inmprve gait by Hydriotherapy in different water level
6	Hydeotherapy Rehbilition in Poat Lung covid Syndrome
1	Attendance the 6 Th International Conference of Physical Therapy, under title of (Physical Therapy and Disability Control) , Physical Therapy Collage, Cairo University , Cairo, Egypt 2003.
2	Participation and attendance in the scientific activities of the 1 ST Pan Arab African Conference, under title of (Care and Rehabilitation of Handicapped), Egyptian Handicapped caring Association, Cairo, Egypt 2003.
3	The 7 Th International Conference of Physical Therapy, under title of (Physical Therapy: Preservation and Treatment), Physical Therapy Collage, Cairo University , Cairo, Egypt 2004.
4	Attendance the 9th International Scientific Conference, under the title of (Physical Therapy is a Safe Cure) , Physical Therapy Collage, Cairo University , Cairo, Egypt 2006.
5	Attendance the 10th International Scientific Conference, under title of (Physical Therapy and Future Challenges) , Faculty of Physical Therapy, Cairo University , Cairo, Egypt 2007.
6	Attendance workshop of scientific activities of course and workshop under title of (Motion and Gait Analysis), Faculty of Physical Therapy, Cairo University, Cairo, Egypt 2007.





7	Attendance workshop the scientific activities of course and workshop under title of (New Concepts in Isokinetic Testing), Faculty of Physical Therapy, Cairo University, Egypt 2007.
8	Attendance the 1 st Scientific Conference, under the title of (New Era in Therapeutic Modalities), Faculty of Physical Therapy, October 6 University , Cairo, Egypt 2016.
9	Attendance workshop the scientific activities of course and workshop under title of (New Concepts in Isokinetic Testing), Faculty of Physical Therapy, October 6 University, Cairo, Egypt 2016.
10	Attendance workshop the scientific activities of course and workshop under title of (Manipulative Procedures for the Upper Quadrant), Faculty of Physical Therapy, October 6 University, Cairo, Egypt 2016.
11	Attendance the 1 st Scientific Conference of Physical Therapy Collage, Miser University for Science & Technology (NUST), Under the Title of: (Advanced and New Approaches in Physical Therapy), October 6 city, Egypt, 12-13 December 2018.
12	Participated in the e-workshop emitted (Digital Skills to Prepare Scientific Research Projects), Held via the Scholars and Academics Online Platform (IFAD) – Zoom Application, duration of Two Hours, Presented by Dr: Mohamed Khattab, Egypt, 2022
13	Presenting a Practical workshop under title of (Isokinetic Testing for Shoulder Girdle), Faculty of Physical Therapy, October 6 University, Cairo, Egypt, 2021
14	Attendance and passed a training course entitled (Essentials of Blending Learning), Training and Continuing Education Center, Faculty of Education, October 6 University, Cairo, Egypt. 20, 21 February 2023
15	Attendance and passed a training course entitled (Critical Thinking), Training and Continuing Education Center, Faculty of Education, October 6 University, Cairo, Egypt. 20, 21 February 2023.
16	Attendance and actively participated (8credite hours) in the 3 rd International Scientific Conference. Under the Title of: (Physiotherapy Inspiring Better Health), Deraya University Collage of Physical Therapy, Princess Fatma Academy for Medical and Professional Training, Naser city, Cairo Egypt 23 February 2023.
17	Appreciation in the 16th International Arthroplasty Conference , Sofitel Cairo Nile El-Gezirah, Cairo, Egypt 19-20 May 2023.
18	Attendance in International Course (10 Basic Principles To Make Your Primary TKA Better) in intersection with the 16 th International Arthroplasty Conference, Sofitel Cairo Nile El-Gezirah, Cairo, Egypt 19-20 May 2023





6.Training Programs

Program Title	Organizing Body	Date
Sport Physical Therapist	Egyptian Sport Injuries Association	2003
First Aids (12 hours)	Egyptian Sport Injuries Association	2004
Radiodiagnosis: C.T. X -Ray, and MRI	October 6 University	2004
Speed Learning Techniques	International Canadian Academy	2008
Time Management	International Canadian Academy	2008
(Work Stress), and (Time Management)	Quality Assurance and Accreditation Center,	2013
	October 6 University	
Developing Skills and Abilities of Lecturers'	Consultancy training center, October 6	2015
Members Stuff (5 days)	University	
Toward International Publication	Faculty of Physical Therapy, October 6	2016
	University	
Cerate A Virtual Class Using the Microsoft	Faculty of Education, October 6 University	2018
Teams Application		
Kinesiology and Anatomic Foundation of	Online Platform Zoom Application,	2022
The Shoulder Joint from Reaching to Weight	Presented by Prof. Dr / Donald Neumann	
Bearing	PT, PhD FAPTA	

7. Quality Assurance

1	(Credit Hours), Quality Assurance and Accreditation Center, October 6 University, Cairo, 2013 Egypt
2	(Education Programs and Courses Specifications and Evaluation of Learning Outcomes for High Education Institutes). October 6 University, Cairo, 2016 Egypt.
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Name	Bassam Ahmed Nabil Abd El-maboud El-Gaara	Date	6/3/2022